

# ROCK SOLID SUMMER

7:30am Drop off begins

8:00-9:00 Gym free time fun

8:45 Curb side drop off ends

9:00-9:30 Dance party, praise & devotional

9:30-12:00 Morning snack - provided by RSA

Gym rotations/Outdoor play/Water fun

11:30-1:00 Lunch - times will vary

BYO Lunch M-R/Pizza Fridays (RSA)

12:00-6:00 Gym time/Outdoor Games/Challenges

Afternoon snack - provided by RSA

4:45-5:45 Curb side pick-up

6:00 All campers home to re-charge

## Sample Day