

ACKNOWLEDGEMENT OF HEALTH STATUS



Facility / Event: Level 9/10 Regionals **Date of Event:** 4/15/2021-4/18/2021

COVID 19 is a virus that is potentially dangerous to your health and can even be life threatening. Current information states airborne transmission is most common, although there may be risk of transmission by touching infected objects.

Our goal is to continue sport as safely as possible during these challenging times realizing that it is impossible to completely remove all risk. If everyone participates in the following recommendations, there is less risk to transmit or contract an air-borne spread illness like COVID. Avoiding public areas such as quarantining at home is a safe option if you are uncomfortable with the strategy explained.

The CDC's current recommendations are:

- **Wear masks whenever possible.** This includes all coaches, staff, parents, guests 5 years of age and older, and athletes. During sport, the athlete has the option to NOT wear a mask.
- **Socially distance.** This means staying at least 6 feet away from anyone that is not a family member of yours.
- **Wash hands** and avoid touching hands to face. Frequent use of a hand sanitizer with at least 60% alcohol (or other solution approved to kill COVID) or use of soap.

Our current protocol requires:

- **No entry into the facility if you have tested positive for COVID within the last 10 days.** A note from a health care provider is required stating the athlete is safe to participate in sport if athlete has tested positive for COVID within the last 30 days.
- **No entry into the facility if you are ill** including ANY ONE of the following within the last 24 hours- fever (above 100.4 F), cough, shortness of breath, new onset loss of taste or smell, new onset muscle achiness or fatigue, or other viral symptoms (such as headache, stomachache, diarrhea, or vomiting). This includes individuals that have NOT tested for COVID and those that have tested NEGATIVE for COVID.
- **No entry into the facility if you have been exposed** to a family member, close contact, member of your car-pool, or someone you spent more than 10 minutes within 6 feet or closer that has tested positive for COVID in the last 14 days (unless you have been tested negative after day 5 from a COVID exposure and at least 8 days from initial contact with a positive contact)

Upon entry:

- **You will be required to wear a mask-** including coaches, staff, guests 5 years of age and older, and athletes.
- **Your temperature may be checked-** depending on the facility/event- you will be asked to leave if it is above 100.4 F. Before leaving home please check the temperature of all people planning to enter- stay home if temp above 100.4 F.
- **You will have access to hand sanitizer.**
- **You will be asked to remain 6 feet apart from others** (unless it is with your family member)
- You will be asked by a staff member to socially distance in hallways, seating areas, common areas, and bathrooms if it noticed that you are closer than 6 feet apart. (this is part of the staff's job so please be kind and respectful)

Thank you for helping us keep your family as safe as possible and helping us continue the sport during these challenging times!

I have read and understand the material presented above and agree to participate as recommended.

By entering the facility at Level 9/10 Regionals, you acknowledge the above and agree to abide by all event standards.