

Rock Solid 2022-2023 Mainly Compulsory Fall Schedule

WHO	DATE	WHAT	WHERE	Credit/Cost	Notes
ALL TEAMS	August 12-13, 2022	Back-to-School Team Lockin	@RSA	Minimal	\$5 for Team Kids and \$20 for siblings
Girls AA 1-5	August 27, 2022	Practice Meet & Photo FUN	@ RSA ~8am-2pm	\$10.00	Paid when selecting MEETS If photo is missed, will have to schedule on your own time.
Just FYI	September 1-5, 2022	GAT = Coach Training	GYM HOLIDAY		
Girls AA 1-5	September 10, 2022	District Qualifier	@RSA	None	Assumed all will do this one as their minimum of 1 District Q.
Girls AA 1-5	September 17, 2022	District Qualifier	Abilene hosted by Gymnastics Sports Center	1credit/\$95	
Girls AA 1-5	September 24, 2022	District Qualifier	Texas Tumbleweeds San Angelo	1credit/\$95	
Girls AA 1-5	October 1, 2022	Judges' Cup	New Heights Midland	1credit/\$95	a special meet that is a fund raiser for the the Judging association
Just FYI	October 7, 2022	NO MEET			
Girls AA 1-5	October 14, 2022	Level 1-5 District Champ	@RSA	None	Needed to Qualify for any STATES
	October 21, 2022	NO MEET			
Girls AA 4	October 28-30, 2022	Level 4 North/South state	Lancaster hosted by Trevions	2credits/\$190	Included for Option 1
Girls AA 3	November 4-6, 2022	Level 3 North/South state	Ft. Worth hosted by LoneStar	2credits/\$190	Included for Option 1
Girls AA 1-5	November 5, 2022	Ruidoso Invitational Girls AA 1,2,3,4,5	Ruidoso, NM	\$145 credits do not apply	Just an extra meet option for those not attending Level 3 North
Girls AA 1-5	November 11-13, 2022	Level 5 State & Hillenberg Invite (levels 1-4)	@RSA	1credit/\$95	Level 5 = Included for Option 1 L1-4 a unique opportunity to attend a meet that is normally in DFW
Girls AA 4 thatQ	November 18-20, 2022	Level 4 State	WGA, Houston	2credits/\$190	Included for Option 1
Levels	If unsure of competition level, don't stress. We can still get entered into meets but can always discuss with coaches if that effects your choices. If your child might be on the XCEL path, we are still working to see what we can offer for the FALL. Probably will need a coach/parent meeting to make sure everyone on the same page.				
Options	If you don't remember which option and therefore how many credits you selected, just send me an email.				
Credits	Meet credits are non-transferable and do not carry over to 23-24. At this point, meet credits will be used if available. No reason to save them, spring invitational will be 2credits/\$190. But if you do not use all of your credits, you can use them for Spring Meets. Those sign-ups will be shortly after the 1st meet.				
Which meets?	That is completely up to you and your family. At RSA, we enjoy being able to give parents choices. I will share that every year I generally have families wishing they had entered more meets when they only do a few. The kids do benefit from getting to do meets.				
Weekends	We expect West Texas meets to be on Saturdays but could spill into Sunday AM. The other meets could be Friday, Saturday, or Sunday. We will know the exact schedule 2 weeks prior to the meet.				
Additional Payments	If you select meets that require additional monies, you will be able to select a payment plan and those payments will be due prior to September 22nd.				
Deadlines	Look over this and ask questions. It is taking me a bit to setup this new system in ClassBug. So once it is setup, I anticipate the deadline to be July 28th - so please be ready. We will not actually enter the STATE meets until the week before the district championships meet, so, if you are new and unsure there is some wiggle room there. Also, we never keep monies if for some reason your child does not qualify for a meet. What if you change your mind? Once we submit our entries to the gyms, we rarely make changes to those for multiple reasons.				
What is NEXT?	Renewing USAG numbers - you will be getting information about that by the end of the month as well.				

In Training levels 5 & UP compete 5-10 or XP/XD	Option 1 5 days 6 MeetCREDITS	Option 2 4 days 6 MeetCREDITS	Option 3 3 days 6 MeetCREDITS
In Training level 4 compete 3 or XG or 4	Option 1 4 days MTThF 8 MeetCREDITS	Option 2 days SAME as Opt1 6 MeetCREDITS	Option 3 3 days TThF 6 MeetCREDITS
In Training level 3 compete level 2 or 3	Option 1 3 days MWF 8 MeetCREDITS	Option 2 days SAME as Opt1 3 MeetCREDITS	
In Training level 2 compete level 1 or 2	Option 1 2 days TTh 7 MeetCREDITS	Option 2 days SAME as Opt1 3 MeetCREDITS	