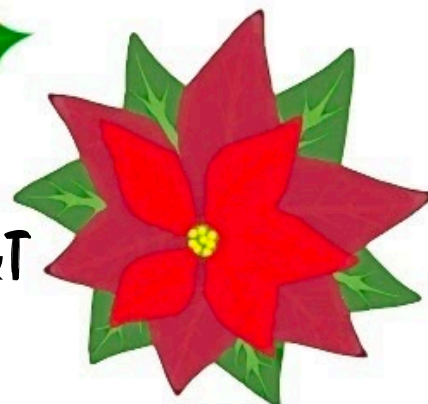


# 2020-2021 TEAM RSA Holiday Workout Schedule: Men, Women & T&T



- Mon/Tue November 23-24 - Regular Workout**
- Wed/Thur/Fri November 25-27 - ALL TEAMS OFF**
- Saturday November 28 - All Men/Women Levels 4-10 8:00-12:00  
- TNT 10:00-12:00**
- Monday November 30 -Return to regular schedule ALL TEAMS**
- Sat/Sun December 12-13 -RSA Christmas Showcase (details TBA)**
- Thursday December 17 - Team Party 6:30-8:00**
- Saturday December 19 - All Men/Women Levels 6-10 Intrasquad  
9:00-12:00 & INDIVIDUAL PICTURES**
- Mon/Tue December 21-22 - Regular Schedule**
- Wed/Thur/Fri December 23-26 - ALL TEAMS OFF**
- Mon/Tue December 28-29 - All Men/Women Level 6-10 8:00-12:00  
- TNT 10:00-12:00**
- Thursday December 31 - All Men/Women Levels 6-10 8:00-12:00  
- TNT 10:00-12:00 \*NO LOCK IN**
- Friday January 1 - New Years Day! OFF**
- Saturday January 2 - All Men/Women Levels 6-10 8:00-12:00  
- TNT 10:00-12:00**
- Monday January 4 - Return to regular schedule ALL TEAMS**

